

Sant Gadge Baba Amravati University, Amravati Appendix - A1478
Faculty: Inter-Disciplinary Studies

Three Years- Six Semesters Programme: Bachelor of Arts With Major : Yogashastra (673) – NEP-v24
Year – First Semester-I

Sr. No	Vertical No.	NEP Vertical Type	Course Code	Name of Course /Subject	Teaching Scheme Hours			Learning		Teaching Work Loa Hours	
					L	T	P	Total Hours	Credits		
** INDUCTION PROGRAM BEFORE THE START THE CLASSES AS PER GUIDELINES OF THE UNIVERSITY											
1	(a & b)	Major and Minor (Theory)	673200	DSC (T) Basic Principles of Yoga - I	2	-		2	2	2	Lecture, Tutorial and Credit +1 if Practical are not Prescribed
				DSC (T)	2	-		2	2	2	
				DSC (T)	2	-		2	2	2	
2	(a & b)	Major and Minor (Practical)	673281	DSC (P) Basic Principles of Yoga - I		-	2	2	1	2xNo.of batches	If applicable
						-	2	2	1	2xNo.of batches	
						-	2	2	1	2xNo.of batches	
3	e	iAEC		English Language	2	-	-	2	2	2	
				Second Language/MIL	2	-	-	2	2	2	
		iiAEC		Generic IKS	1	-	-	1	1	1	
4	d	Vocational and Skill Enhancement Courses(VSEC)		i. (SEC) Life Skills I Communication Skills in English	-	-	2	2	1	2xNo.of batches	
				Communication Skills in Second Language/ MIL	-	-	2	2	1	2xNo.of batches	

5	c	Generic/Open Elective (OE)	673201	Applications of Yoga -I	2	-	-	2	2	2	
			673202	Yogic Sukshma Vyayam-I	2	-	-	2	2	2	
6	f	Co-Curricular Courses		Fostering Social Responsibility and Community Engagement(NSS/UBA/NCC)	1	-	-	1	1	1	
				Field Work-Fostering Social Responsibility And Community Engagement (NSS/UBA/NCC)	-	-	2	2	1	2 (One Batch)	
				TOTAL				28+Induction Programme	22		

L: Lecture, T: Tutorial, P: Practical/Practicum

Total Credits offered : 22(Max), Total credits to be earned : 20 (Min)

Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Modern Indian Language : MIL, Indian Knowledge System : IKS, Inter Faculty Specific Core: IFSC, Inter Faculty Specific Elective: IFSE, Theory :Th, Practical/Practicum: Pr, Environment Studies: ES, Pre-requisite Course mandatory if applicable: Prq, Laboratory: Lab, Generic/Open Elective Courses: OE; Vocational Skill and Skill Enhancement Courses: VSEC; Vocational Skill Courses: VSC; Skill Enhancement Courses: SEC; Ability Enhancement Courses: AEC; Value Education Courses: VEC; OJT: On Job Training: Internship/ Apprenticeship; Field projects: FP; Community engagement and service: CES; Co-curricular Courses: CC; RM: Research Methodology; Research Project: RP

Note : Co-curricular Courses : In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/Winter School/Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, yoga, sports, cultural, etc. These activities can be completed cumulatively during **Semester III, IV, V and VI. Its credits and grades will be reflected in semester VI credit grade report.**

Elective Courses : Courses to be selected from the Basket of Courses provided by the University

*If the Department Specific Courses do not have practical/practicum/laboratories, the learning hours & Credits shall be used for the respective Theory Courses.

**Completion Certificate of Induction Programme should be submitted by each student.

***O.E.-

1. OE is to be chosen compulsorily from faculty other than that of the Major

2. For those students who do not opt MARATHI language under any vertical, MARATHI will be mandatory as one of the options of OE/. (G.R. Marathi Bhasha No. 2018/pr.kr.50/bhasha-1, Date 14 March,2024).

Teaching Days and Learning	Learning Hours & Credits	Teaching Hours & Work Load
Minimum No. of teaching days 90 Minimum Learning weeks per Semester = 17 (Minimum Learning Hours per Semester (NCrF) = 600) Minimum Learning Hours per week (NCrF) = 600/18 or 600/11 =33 to 35	For Theory/Tutorial - 1 Hour 1 Credit For Practical - 2 Hours= 1 Credit	ForTheory–1 Hour= 1 Hour Work Load For Tutorial - 1 Hour = 1 x No. of batches work load and practical 2 Hour=2xNo.of batches work load

Note:

The strength of the batch of the Practical for UG Classes shall be 16 with an addition of 10% with the permission of Hon'ble Vice Chancellor. However, for Music Discipline the batch size shall be of 7 students. The number of the students required to constitute a batch or calculate the workload shall be in accordance with the relevant Government Resolution in force at the time, applicable to specific time, region, course type, mode of instruction, and other pertinent factors.

Sant Gadge Baba Amravati University, Amravati Appendix - A1480
Faculty: Inter-Disciplinary Studies

Three Years- Six Semesters Programme: Bachelor of Arts With Major : Yogashastra (673) – NEP-v24
Year – First Semester-II Level: 4.5

Sr. No	Vertical No.	NEP Vertical Type	Course Code	Name of Course/Subject	Teaching Scheme Hours			Learning		Teaching Work Loas Hours	
					L	T	P	Total Hours	Credits		
** INDUCTION PROGRAM BEFORE THE START THE CLASSES AS PER GUIDELINES OF THE UNIVERSITY											
1	(a & b)	Major and Minor (Theory)	673213	DSC (T) Basic Principles of Yoga - II	2	-		2	2	2	Lecture, Tutorial and Credit +1 if Practical are not Prescribed
				DSC (T)	2	-		2	2	2	
				DSC (T)	2	-		2	2	2	
2	(a & b)	Major and Minor (Practical)	673282	DSC (P) Basic Principles of Yoga - II		-	2	2	1	2xNo.of batches	If applicable
						-	2	2	1	2xNo.of batches	
						-	2	2	1	2xNo.of batches	
3	e	iAEC		English Language	2	-	-	2	2	2	
				Second Language/MIL	2	-	-	2	2	2	
		iiAEC		Generic IKS	1	-	-	1	1	1	
4	d	Vocational and Skill Enhancement Courses(VSEC)		i. (SEC)Life Skills I Communication Skills in English	-	-	2	2	1	2xNo.of batches	
				Communication Skills in Second Language/ MIL	-	-	2	2	1	2xNo.of batches	

5	c	Generic/Open Elective (OE)	673214	Applications of Yoga –II	2	-	-	2	2	2	
			673215	Yogic Sukshma Vyayam -II	2	-	-	2	2	2	
6	f	Co-Curricular Courses		Fostering Social Responsibility and Community Engagement(NSS/UBA/NCC)	1	-	-	1	1	1	
				Field Work-Fostering Social Responsibility And Community Engagement(NSS/UBA/NCC)	-	-	2	2	1	2 (One Batch)	
				TOTAL				28+ assessment +Report Writing hrs =33 to 35	22		
Teaching Days and Learning					Learning Hours & Credits			Teaching Hours & Work Load			

Student can Choose any 3 from DSC Theory and Practical.

L:Lecture , T: Tutorial ,P: Practical / Practicum

Total Credits Offered : 22(Max), Total credits to be earned :20

Discipline Specific Core: DSC, **Discipline Specific Elective:** DSE, **Modern Indian Language:** MIL, **Indian Knowledge System:** IKS, **Inter Faculty Specific Core:** IFSC, **Inter Faculty Specific Elective:** IFSE, **Theory:** Th, **Practical/Practicum:** Pr, **Environment Studies:** ES, **Pre- requisite Course mandatory if applicable:** Prq, **Laboratory:** Lab, **Generic/Open Elective Courses:** OE; **Vocational Skill and Skill Enhancement Courses:** VSEC; **Vocational Skill Courses:** VSC; **Skill Enhancement Courses:** SEC, **Ability Enhancement Courses:** AEC; **Value Education Courses:** VEC, **OJT: On Job Training:** Internship/ Apprenticeship, **Field projects:** FP; **Community engagement and service:** CES; **Co-curricular Courses:** CC; **RM: Research Methodology;** Research Project: RP

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